

Finding solutions: effective practice in male mental health

A conference at the University of Reading
March 30th 2010, 10am – 4pm

The Men's Health Forum and Mind have been commissioned by the National Mental Health Development Unit to write a guide to effective working on male mental health. The new guide follows the publication early in 2010 of *Untold Problems: a review of the essential issues in the mental health of men and boys*. The aim of the new guide will be to provide practical help to anyone working with men and boys. It will be disseminated widely on professional networks.

The new guide will draw on extensive consultation with:

- Service users and carers
- Mental health practitioners and other health professionals
- Academics working in the mental health field
- Specialist voluntary sector organisations

This conference will hear about the progress of the work so far – but most of the day will be given over to discussion intended to generate ideas and content for the guide.

If you would like to contribute to the development of this work by attending the conference, please complete and return the attached form as soon as possible. The 80 conference places are being allocated on a first-come-first-served basis. Attendance at the conference is FREE.

The conference will be of interest to anyone with a professional or personal interest in the mental health of men and boys, especially people in the four categories listed above.

Application procedure

Complete and return the the application form you should have received with this flyer:

E-mail: s.l.liddell@reading.ac.uk

Fax: 0118 378 6715

Post: Men's mental health conference, Charlie Waller Institute, School of Psychology, Earley Gate, University of Reading, Reading, RG6 6AL

Your place will be confirmed as soon as possible after we have received your application form. You will receive a conference programme, directions to the venue and other conference information in the week prior to the event. If the conference is fully subscribed by the time you apply we will let you know and your name will be added to the waiting list.

If you would like to know more about the conference, please e-mail either:

David Wilkins:
david.wilkins@menshealthforum.org.uk

Mariam Kemple:
m.kemple@mind.org.uk

Untold Problems can be downloaded from the publications section on the Men's Health Forum website at: www.menshealthforum.org.uk

Whether you attend the conference or not, we encourage you to contribute to the consultation process by following the links to the men's mental health "Have Your Say" page on the Mind website: www.mind.org.uk

Please note: This conference is free to attend but please only register if you intend to be there. If your plans change, please let us know in advance so that we can allocate you place to someone on the waiting list.

