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PROJECTS TO DATE

- BME BOARD
- BME DIRECTORY
- WELCOME SIGN
- FAITH PROJECT
- MALLAAP GROUP
- WORLD MENTAL HEALTH WEEK
- MADNESS MONOLOGUES
- FESTIVALS

BME BOARD

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1. Service user board placed in the daycentre providing information with regards to BME issues.
2. Staff board providing factual information e.g. Count me in census results, Wall chart showing all the different religious events taking place over the year. There is an area encouraging staff to ask question with regards to cultural / diversity issues.

BME DIRECTORY/ WELCOME SIGN

- BME specific entries with regards to organisations in Slough that the community can access. This is part of the Slough mental health handbook.
- Welcome sign situated at the entrance of CMHT building changed to incorporate the word welcome in English, Hindi, Punjabi, Urdu, Somali, and Polish showing all the partnership bodies involved with delivering mental health services.

FAITH PROJECT / FESTIVALS

- Project which involves four of the main faith leaders for Slough becoming trust volunteers to offer a spiritual support service to clients currently in the psychiatric ward of Wexham Park Hospital
- Recognition of cultural festivals with the view to educate staff across the trust.

MALLAAP

- A day group for South Asians consisting of male and female clients
- Runs every 6 weeks
- Direct Payment initiative used £100 per client to help promote social inclusion
- Fits in with the Social Inclusion and Recovery agenda
- Trips have included The Asian Lifestyle event in London, Bournemouth, Picnic to Virginia Waters
- Service user completed a step teacher training course using DP

MADNESS MONOLOGUES – CAN ANYONE HEAR ME?

- Part funded from innovation grant from CSIP
- Idea behind project was to raise awareness with regards to cultural barriers and stigma amongst the BME community but in a unique way
- Application put forward for funding
- SBC to do a week long event to recognise WMHD and was invited along to the strategy meetings for this event

MADNESS MONOLOGUES cont

- Used this as an opportunity to do some partnership working and putting my project forward
- It was agreed that the monologues would be the finale to the week long event
- Was able to tap into support with the help of the steering group connections

MADNESS MONOLOGUES cont

- Workshops carried out with Carers, Service Users, Asian elderly group, Family, Friends and Staff using general questions relating to mental health, stigma and cultural issues
- Professional support from the West wing arts team
- Ad put out nationally for 3 scriptwriters/performers

MADNESS MONOLOGUES cont

- Over 25 applications
- Telephone interview completed and three performers selected
- All given the same brief of writing a monologue to raise awareness using the materials provided keeping the tone as light as possible with a humorous touch
- Contracts drawn up

MADNESS MONOLOGUES cont

- Regular contact with performers
- Appointed a fourth performer to perform a poetry piece about mental health and race
- Marketing with regards to monologues produced
- 780 invitations sent out to all service users

MADNESS MONOLOGUES cont

- Termination of contract with one of the performers as material was not within agreed remit
- Performance was attended by over 150 people
- Positive feedback left on evaluation boards

SOME OF THE EMOTIONS THROUGHOUT THE 5 MONTHS



FUTURE PROJECTS

- MADNESS MONOLOGUES ROADSHOW
- HOME ECONOMICS PROGRAMME
- STAFF TRAINING IN CULTURAL AND SPIRITUAL ASPECTS
- INVOLVEMENT IN THE DAY ACTIVITIES REVIEW
- ASYLUM QUESTIONNAIRE





May you
always know
peace, love,
light, and
laughter.

Thank You

Jade tagged me

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