



BME Community Development Work & Plymouth CAMHS

Two-Year's in the Life

Simon Newitt / BME Community Development Worker

National Community Development Workers Conference, The Guoman Tower Hotel, London, 4th December 2007

Background

Funded for two-years by Department of Health.

BME CDW post one part of a five-strong multi-disciplinary CAMHS team working 0-5. Team led by Senior EP, two Primary Mental Health Workers, BME CDW and Admin Assistant.

Prevention / Early Intervention, explicit BME inclusion but not a segregated BME service. Social model of MH / EY focus on breaking cycles of disadvantage at birth.

Externally evaluated.

Plymouth

Population of 245,000. Significant and multiple deprivations and inequalities. Strong naval presence / civic identity.

Recent, rapid and large-scale demographic change. Implications for practice.

What communities? Where to start developing.

'No problem here'. Engaging service providers.

Capacity Builder

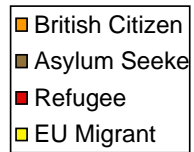
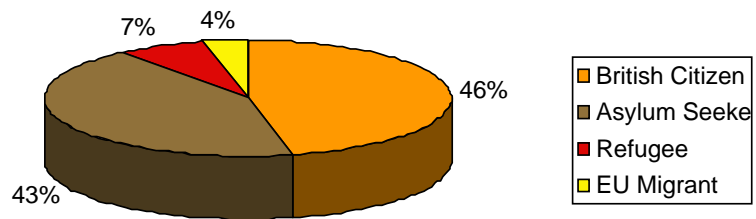
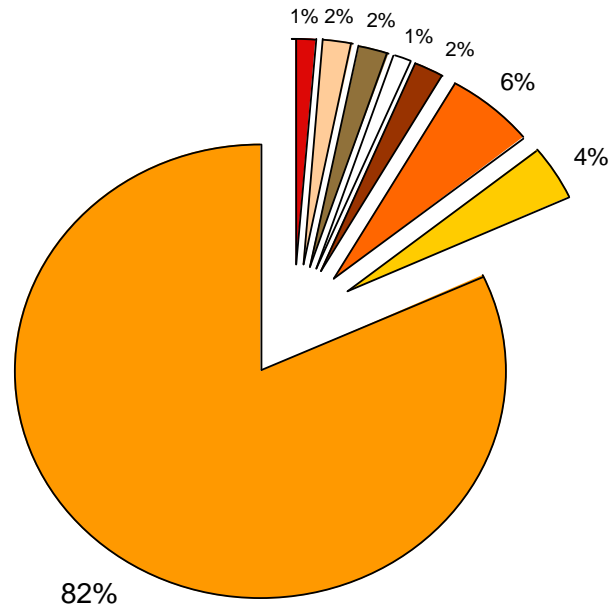
Work with local Traveler community. Developed 'Stay and Play' sessions, outreach and constituted new Residents Association.

Plymouth Islamic Education Trust / Kurdish Women's Group.
'Well-Being Workshops', Community drop-in with EP on Sunday's.
The need for premises and identity.

All Nations Ministries. Partnership working with the FA's 'Football in the Community' and coaching program.

Living Stones Church. Promoting leadership, developing infrastructure.

Access Facilitator



Change Agent

UCLan Community Engagement Project. ASR Women, Children & Young People.

Young Minds CDW Innovation Grant. YOT / Relate / CAMHS.
BME CYP participation in training and service design.

Creating opportunities for strategic participation among emerging communities.

Identifying community concerns and gaps in services / anti-stigma work and NHS myth busting.

Service Developer

Regular bespoke training and public speaking across sectors and services locally and nationally. Schools and education.

Work with students at Plymouth University / Exeter University and Peninsular Medical School.

BME Lead for Children's Trust Parent and Family Support Strategy.

RECC Training. CAMHS and Adult MH Services together.

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