



***North East, Yorkshire & Humber Region  
&  
North West Region***

***Everybody's Business  
Managed Learning Network Bulletin***

Developing services to meet the Mental Health Needs of Older People

Welcome to the latest bulletin for the Managed Learning Network for Everybody's Business. Since its launch in September 2006, the network members from across the 3 regions have worked to ensure that local commissioners and organisations have recognised the need to develop services that meet the Mental Health Needs of Older People.

The formation and work of the MLN has coincided with the profile of Older Peoples Mental Health Services being in the national media spotlight, with the publication of several key documents along with the recent announcement by the Department of Health of a national strategy for dementia.

We have provided you with a taster of the excellent work taking place within the MLN in this bulletin, for more details, contact your local MLN member and also visit the OPMH web site to read more.

There will be a report on the MLN produced by the end of the year, which will include all the improvement work carried out along with the full results of the Evaluation.

Presentation slides from the MLN event in September will also be made available in the resource section of the MLN pages

<http://www.olderpeoplesmentalhealth.csip.org.uk/managed-learning-networks.html>

### **EXCHANGE PROGRAMME BETWEEN WARRINGTON DISTRICT GENERAL HOSPITAL AND THE BROOKER CENTRE.**

The aim of this project is to share and develop skills within a different setting and then return to the normal working area to utilise and share these skills whether newly acquired or developed upon to improve practise on both sites. This opportunity will also act as a tool to further develop the relationships between the two hospital sites.

Following the initial 'exchange' it is proposed that from that a 'link nurse group' is developed for ongoing learning to take place and to act as a resource for support and reflection.

The participants of this programme should be 'voluntary' and no more than 2 exchanges can occur at any one time.

It is proposed that the following 'link nurse group' should meet perhaps on a monthly/two monthly basis for approximately one hour (to be negotiated). This is intended to provide a forum for reflection and support in the format of structured or informal discussion and also offer the opportunity for more structured teaching to occur based on any identified need, it is intended that the members of the 'link forum' can then return to their respective areas and cascade the learning onto peers. The aim of this is to maintain any improvements in care and to develop this further and identify future needs/exchanges.

Learning aims and outcomes can be viewed on the website

<http://www.olderpeoplesmentalhealth.csip.org.uk/managed-learning-networks.html>

Care Homes, Day Care & Domiciliary Care are networking in Scarborough  
Whitby Ryedale

Activities:

- Locally Establish Domiciliary and residential provider learning networks, across both independent and statutory sectors.
- Undertake review of current EMI day care and Day hospital provision.
- Establish pilot scheme with mobile resource worker to undertake community based day support within clients existing social network.
- Broaden links with other MLN colleagues across local boundaries and set up regular meetings.

The Workforce is Developing in Lancashire

Activities:

- Working group established to develop multi-agency competencies matrix to identify training and skills development needs of professional and non-professional staff in relation to older adults with a range of mental health needs in a variety of settings.
- Product presented to County Training Group for Older Adults in preliminary format.
- Product presented at multi-agency Modernising Older Adults Services Group

And in Stockton with Care Homes

Activities: Quarterly meeting of Registered Care Home Managers, Commissioners and OPMH representatives to address the sharing of information, best practice, and promote partnership working, calling upon other professional input where identified and arranged by Modernisation Manager for Health and Social Care.

In Hull & East Yorkshire

Everybody's Business Audit Tool, which was shared through the MLN, was used to audit compliance with Everybody's Business; areas of non-compliance or where more work is required, have become main work of Older People's Mental Health Strategy

## Re-ablement in St Helen's

The intermediate care service was part of a twofold project led by the service manager for intermediate care to improve access for people with mental health problems in accessing services. One aspect was to employ a CPN in the existing re-ablement team to address the mental health needs of clients accessing this service providing therapeutic activities and providing a monitoring role within the stress vulnerability model to people with enduring mental health issues also to look at relationship issues according to a PSI model the second stream to provide an intermediate care support service for people with dementia was set up by reorganising an existing service this and the planning and steering stage included the manager of the mental health service.

**The aim was to target support at an area of deficit in the local provision** in that support to prevent admission to hospital and support to return home from hospital was not available for clients with dementia, and it was felt that existing intermediate care services could not meet the needs of people with dementia. **Now however, people with dementia can access up to 6 weeks of intensive support via the CMHT or the re-ablement team**, the support is targeted at maintaining a persons skills and ensuring that support around re-ablement are carried out against a care plan for example a person with dementia may have a fractured a leg and be given advice and support by a physiotherapist from re-ablement the dementia intermediate care support workers can ensure that the physiotherapy plan is adhered to by repeating instructions using mirroring, repeated explanations and provide physical support thereby ensuring that the person with dementia has an equal chance to reach a full recovery, the support workers are all trained in dementia care.

**The service can also be accessed by the CMHT to provide intensive support to clients in the community to keep people at home** such as if there is increased agitation and deterioration it would be the first option to try to provide extra support at home rather than arrange a hospital admission which could cause further deterioration or disorientation, the service has been used as well to prevent a move to 24 hour care. For example a person with dementia who's spouse died was considered that without the support of the spouse would now need 24 hour care with the support service providing a high level of support which was reduced over the weeks of involvement and a care package it now looks like the person will be able to remain supported in their home environment.

This service has been funded by the local authority and the referral pathways are from the specialist mental health trust and the joint PCT/LA team and the service is provided by a private organisation PSS.

### **What were the Expectations of the Everybody's Business Managed Learning Network (EBMLN) Matrix membership?**

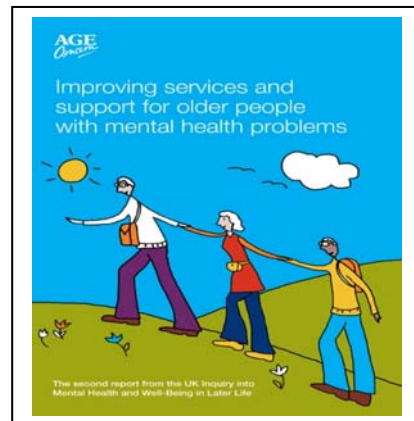
- To share learning and ideas
- To discuss/debate issues and to problem solve collaboratively
- To innovate and sustain improvements.
- To source, record, utilise, evaluate and disseminate examples of practice around the key themes within 'Everybody's Business'
- To communicate by networking across themes, local teams and individuals ensuring a flow of information across the EBMLN matrix
- To identify priorities locally in line with key themes and use these as a basis for progression
- To continue to develop as leaders

Since the launch of the MLN, several key documents relating to Older Peoples Mental Health have been published, all can be downloaded from the OPMH website.

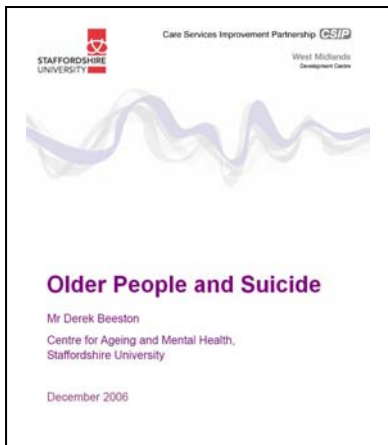
The National Audit Office Improving Services and Support for people with dementia



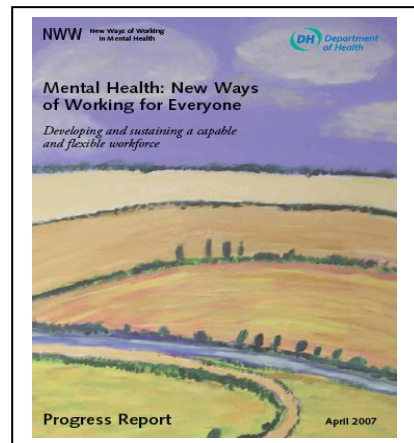
The UK Inquiry into Mental Health and Well Being in Later Life



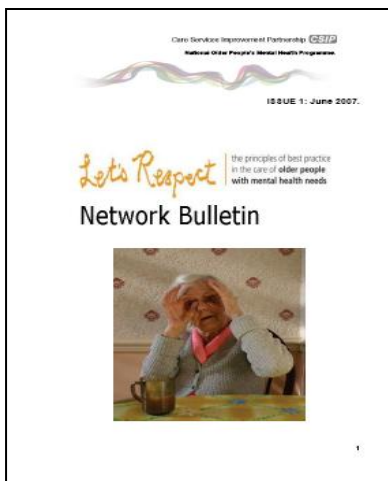
Older People and Suicide



New Ways of Working



Along with the launch of National Networks



and a web based forum for OPMH



## **People**

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Let's Respect

the principles of best practice  
in the care of **older people**  
with **mental health needs**

Find out more about Let's Respect at [www.letsrespect.csip.org.uk](http://www.letsrespect.csip.org.uk)

## Resources

Knowledge community pages of the MLN

[www.kc.csip.org.uk/groups.php?grp=451](http://www.kc.csip.org.uk/groups.php?grp=451)

Overview of the MLN

[www.olderpeoplesmentalhealth.csip.org.uk/managed-learning-networks.html](http://www.olderpeoplesmentalhealth.csip.org.uk/managed-learning-networks.html)

Download copies of Everybody's Business from the pages at

[www.everybodysbusiness.org.uk](http://www.everybodysbusiness.org.uk)

To purchase the Let's Respect toolkit and download associated documents

[www.letsrespect.csip.org.uk](http://www.letsrespect.csip.org.uk)

**Any further requests???**